

WE ARE ALL ROUNDERS

ROUNDERS ENGLAND

INCLUSIVE ROUNDERS DISABILITY

Rounders is a cross-generational, cross gender game that embraces all abilities. A Game of Rounders makes great memories, offering an ideal balance between fun and fitness with great opportunities to make friends, get some exercise and have a good laugh away from the pressures of everyday life.

In this pack you will find hints and tips on how to lead inclusive Rounders sessions and develop player's skills and confidence through exciting adapted games. You will also find guidance on equipment, competition and rules of the game. Whether you are playing with mixed abilities, outdoors or indoors...

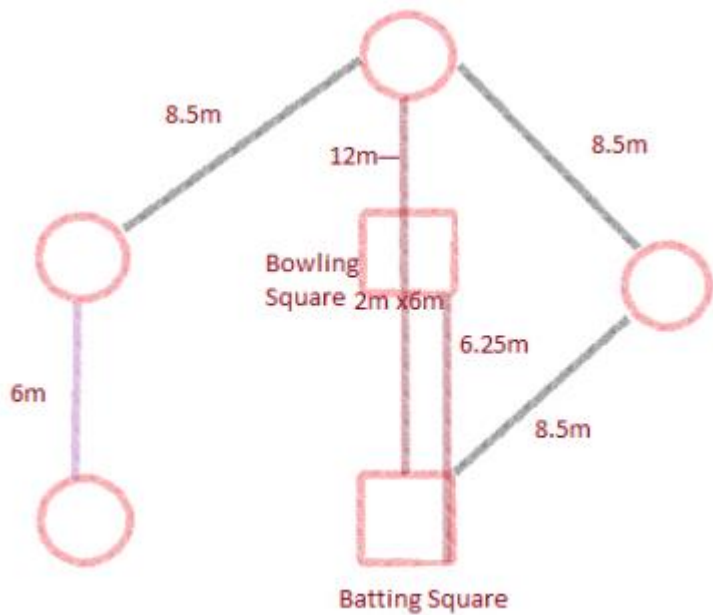
...Rounders is for everyone!



The Game

Rounders can be played by everyone! The game can be adapted in a way to suit participants. If a player is playing in a powerchair, the power must be a maximum speed of three but can be made slower if needed to make the game fair. If required Carers can help, but there can only be five Carers/Helpers on the pitch at any one time. Teams can consist of six players plus one umpire on each team. The umpire's role is to call no balls and keep score.

Indoor Pitch



The pitch can be adapted to your playing area, but must be laid out similar to the diagram and the ideal line measurements.

Equipment

All Rounders England equipment can be found in the Rounders England shop. The equipment differs based on indoor/outdoor play; when playing indoors it is important to play with a soft/tennis ball.

Equipment to run a game:

- 4 Posts
- Batting Tee
- 2 Flatty Bats
- 2 Blaze Bats
- 2 Sponge Bats
- 2 Soft Balls/Play Balls

Equipment to run a walking game:

- 4 Posts
- Batting Tee
- 2 Soft Balls
- 2 Play Balls

Additional equipment:

- 1 Velcro pad (for catching)
- A medium size soft ball with a bell
- Big throw down spots to go under bases. This will allow batters who are in wheelchairs/powerchairs to put a wheel on the base instead of holding the post.

Aresson Junior Rounders Set contains: 3 x Image bats, 3 x Flatty bats, 2 x Softy balls, 2 x All Play Soft Balls, 4 x rubber bases, 4 x 90cm plastic posts (2 x white, 1 x orange, 1 x pink), 1 x batting tee and base, 1 x Rounders England Smalls Games cards and 1 x Junior Rounders bag.



Rules

Inclusive Rounders rules are very similar to the official rounders rules and only adapted to make the game run smoothly:

- A person can stand in line with the back stop and take the bat off the batter before heading towards first base
- If players find first base too far it can be moved closer
- If the ball were to hit a fielders wheelchair without bouncing it is classed as a catch
- If a players wheelchair wheel is on the ball, this will freeze the game and the batter can only carry on to the next post (similar to when the bowler has the ball)
- If a batter has a wheelchair pusher, then the pusher must walk round and not run
- If a fielder is at a post and the ball lands within the wheelchair/powerchair before the batter gets to the post the batter, will be called out

Rules can and should be adapted to the individuals playing.